

# *La Luna*

## *Italian Restaurant*

Morfa Hall, 22 Cliff Road,  
Newquay, TR7 1SG

**Tel: (01637) 878500**

Website: [laluna-cuisine.co.uk](http://laluna-cuisine.co.uk)

Email: [bookings@laluna-cuisine.co.uk](mailto:bookings@laluna-cuisine.co.uk)

### Opening Times

Dinner 5pm – late,

7 Days a Week

La Luna is committed to helping the environment therefore we recycle the following Glass, Plastic, Paper, Cardboard, Cooking Oil & all Steel/Aluminum Containers.

All dishes are freshly prepared for you when ordered, so we ask you be patient as cooking times do vary.

#### **\*Nut Allergies\***

– please be aware that traces of nuts may be found in our food, if you have concerns please speak to a member of staff.

Prices are inclusive of VAT @ 17.5%,  
Service is not included

## *Antipasti* - Starters

<b>Bruschetta con Pomodoro (V)</b>	£5.50
Toasted garlic ciabatta topped with tomatoes marinated in olive oil, oregano, & garlic	
<b>Gamberetti in Salsa Rosa</b>	£5.95
Prawns in marie rose sauce served in a lettuce leaf boat	
<b>Gamberoni con Aglio</b>	£8.95
King Prawns sautéed in olive oil, garlic & parsley	
<b>Funghi con aglio(V)</b>	£5.95
Mushrooms stuffed with garlic butter & topped with mozzarella	
<b>Funghi e Pancetta</b>	£5.95
Mushrooms & bacon cooked in cream & garlic	
<b>Prosciutto e melone</b>	£6.25
Parma ham with melon with a salad garnish	
<b>Insalata Caprese(V)</b>	£5.50
Beefsteak tomato, fresh mozzarella & fresh basil leaves with balsamic vinegar dressing	
<b>Antipasti</b>	£7.25
Assorted cured Italian meats, olives & ciabatta bread	
<b>Insalata Rucola(V)</b>	£5.50
Rocket & baby spinach leaves with fresh parmesan, toasted pine nuts, pears, olive oil & lemon juice	
<b>Pizza con Aglio</b>	£5.95
Pizza topped with garlic butter & mozzarella “good to share” extra toppings Parma Ham & Fresh Rocket £2.00 each	
<b>Pane con aglio (V)</b>	
Garlic Bread	£3.95
with mozzarella	£4.50
with mozzarella & Parma ham	£5.95
<b>Olive Marinate(V)</b>	£3.75
La Luna’s home marinated olives in herbs, olive oil & spices	
<b>Pane Italiano (V)</b>	£2.50
Fresh baked ciabatta bread with balsamic vinegar & extra virgin olive oil	

Homemade Chilli Oil & Garlic Oil available

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## *Pizza* 10" Rustic Stone-baked

<b>Pizza Margherita (V)</b>	£8.50
Classic tomato & oregano pizza sauce topped with mozzarella	
<b>Pizza Verdura (V)</b>	£9.50
Peppers, mushrooms, sweetcorn, red onion & mozzarella	
<b>Pizza Verdura 'Arrosto' (v)</b>	£11.50
Roasted vegetables, mozzarella & creme fraiche	
<b>Pizza Marinara</b>	£12.00
Mussels, prawns, clams, squid & scallops, garlic & onion & mozzarella	
<b>Pizza Rucola</b>	£11.00
Parma ham & mozzarella with fresh rocket	
<b>Pizza L'Ananas</b>	£10.50
Ham, pineapple & mozzarella	
<b>Pizza Carne</b>	£11.00
Pepperoni, salami, ham & mozzarella	
<b>Pizza ai Quattro Formaggi (V)</b>	£10.50
Feta, Goats Cheese, Blue Cheese & mozzarella	
<b>Pizza con Funghi (V)</b>	£9.00
Mushrooms, fresh tomatoes & mozzarella	
<b>Pizza La Luna (V)</b>	£11.50
Sundried tomato, spinach, pinenuts & mozzarella	
<b>Pizza Pollo</b>	£12.00
Smoked chicken, mozzarella & sweet chilli sauce	
<b>Pizza Bolognese</b>	£13.00
La Luna's rich bolognaise sauce, fresh chilli's & mozzarella	
<b>Pizza Quattro Stagioni</b>	£12.50
4 Season's pizza, ham, mushrooms, smoked chicken, roasted peppers & mozzarella - each quarter with a different topping	

### *Extra Toppings*

Olives, Anchovies, Mushrooms, Rocket, Parma Ham, Sweetcorn,  
Pepperoni, Salami, Peppers, Spinach, Pinenuts, Artichokes, Pineapple  
@ £1.50 each

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# Pasta

Spaghetti Bolognese	£9.95
Prime minced beef, cooked in a rich red wine, mushroom & tomato sauce topped with fresh parmesan	
Spaghetti alla Carbonara	£10.95
Smoked bacon cooked in a martini, cream & parmesan sauce	
Spaghetti Napoli (V)*	£9.50
Tomato & basil sauce topped with fresh parmesan	
Spaghetti Verdura Arrosto (V)*	£11.75
Roasted vegetables & sundried tomatoes in a tomato & basil sauce, topped with fresh parmesan	
Spaghetti All'Alfredo (V)	£9.50
Classic Italian creamy, parsley & parmesan sauce	
Capellini ai Frutti di Mare	£13.50
Angel hair spaghetti with mussels, prawns, clams, squid & scallops cooked in a white wine & cream sauce	
Capellini alla Marinara *	£13.50
Angel hair spaghetti with mussels, prawns, clams, squid & scallops cooked in white wine & tomato sauce	
Penne All'Arrabiata (V)*	£10.50
Tomato, garlic & basil sauce with crushed red chilli flakes topped with fresh parmesan -spicy-	
Penne alla Matriciana*	£11.50
Bacon, tomato, garlic & basil sauce with crushed red chilli flakes topped with fresh parmesan -spicy-	
Linguini Gamberoni Piccante	£12.50
King Prawns sautéed in chilli & garlic with cherry tomatoes -spicy-	
Linguine ai Funghi(V)	£10.95
Garlic mushrooms & spinach in a blue cheese & cream sauce	
Lasagne al Forno	£10.50
Lasagne layers with La Luna's rich bolognese & béchamel sauce served with a side salad	

WHEAT-FREE PASTA is available on request (excluding lasagna)

Pasta dishes (except lasagna) in smaller portions are 40% discount

\*contains nuts/nut traces  
-spicy- dishes can be mild if required

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## *Insalata*

<b>Insalata con Anguria(V)</b>	£9.00
Watermelon with lime sweetened red onion, feta cheese, parsley, mint & black olives	
<b>Insalata La Luna(V)</b>	£9.50
Grilled Goats cheese on a bed of roasted peppers and mixed salad leaves & a sundried tomato dressing	
<b>Insalata Caesar de la Luna</b>	£8.50
Mixed salad leaves with fresh parmesan, croutons, anchovies(optional) & caesar dressing	
<b>Insalata Caesar con Pollo</b>	£10.50
Mixed salad leaves with fresh parmesan, croutons, anchovies & caesar dressing topped with smoked chicken	
<b>Insalata Rucola (V)</b>	£8.50
Rocket & baby spinach salad with fresh parmesan, toasted pine nuts, pears, tossed in olive oil & lemon juice	

## *Side Dishes*

<b>Patate Fritte</b>	£2.75
Traditional Chips	
<b>Insalata Greca</b>	£5.50
Greek Salad – mixed leaves, cucumber, red onion & feta cheese	
<b>Insalata Rucola</b>	£5.50
Rocket & baby spinach salad with fresh parmesan, toasted pine nuts, pears, tossed in olive oil & lemon juice	
<b>Insalata Mista</b>	£5.50
Mixed Salad – mixed leaves, cucumber, red onion, peppers & tomatoes	
<b>Pane Italiano(V)</b>	£2.50
Fresh baked ciabatta bread with balsamic vinegar & extra virgin olive oil	

## *Children's Dishes*

All pasta dishes (except lasagna) are available in smaller portions and are priced at 40% reduction from the listed menu prices

If children wish to share a 10" pizza, we can prepare the Pizza with different toppings on each half

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# Homemade Desserts

<b>Dolci Speciali</b>	£5.75
Please ask your waitress/waiter for today's selection	
<b>Profiteroles *</b>	£4.95
Soft choux pastries filled with cream & chocolate sauce	
<b>Tiramisu *</b>	£5.75
Coffee soaked finger biscuits layered with mascarpone cream, decorated with a dusting of cocoa powder	
<b>Poached Pear</b>	£4.95
with Cornish Blue cheese & biscuits	
<b>Cornish ice creams</b>	£4.00
Vanilla, Honeycomb & Caramel, Chocolate	
<b>Sorbets</b>	£4.00
Orange, Raspberry & Passion Fruit, Lemon	

Children size portions of desserts, ice creams & sorbets are available @ £2.50

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# Today's Specials

## Antipasta

- Homemade soup of the Day** £4.95  
Served with Italian Bread
- Pane con aglio e Mozzarella e balsamic (V)** £4.95  
Garlic bread, mozzarella & red onion, drizzled with balsamic vinegar
- Halloumi (V)** £5.95  
Grilled and served with roasted cherry tomatoes on a bed of Rocket
- Antipasti Verdura (V)** £5.95  
Stuffed & marinated vegetables, olives, cheeses, Italian bread, olive oil & balsamic vinegar dip
- Antipasti Misto (serves two people)** £11.95  
Assorted cured Italian meats, olives, stuffed & marinated vegetables, olives, cheeses, Italian bread, olive oil & balsamic vinegar dip

## Main Course

- Insalata Pollo** £12.50  
Strips of chicken marinated with mango & served on a bed of mixed salad leaves with cherry tomatoes & cucumber
- Linguini al Pollo** £13.50  
Strips of chicken cooked in a homemade basil pesto, cherry tomatoes and mushrooms with linguini pasta
- Linguini Verdura(V)** £13.50  
Roasted vegetables with linguini pasta cooked in a homemade red pesto & topped with crème fraiche
- Spaghetti Pizzaiola** £14.50  
Strips of fillet steak, black olives & fresh chilli cooked in a tomato sauce & finished with oregano served with spaghetti
- Filletto di Manzo** £19.50  
Fillet of beef served with a choice of peppercorn, whisky & cream sauce OR mushroom & garlic sauce OR wholegrain mustard & cream sauce, served with a side salad & fries

## Desserts

- Speciale Dolci** £5.75  
Please ask your waitress/waiter for today's selection of homemade desserts or see the board at the end of the restaurant

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