

La Luna
Italian Restaurant

Morfa Hall, 22 Cliff Road, Newquay, TR7 1SG

Tel: (01637) 878500

Website: www.laluna-cuisine.co.uk

Email: bookings@laluna-cuisine.co.uk

Opening Times

Dinner 6pm – late

La Luna is committed to helping the environment therefore we recycle the following Glass, Plastic, Paper, Cardboard, Cooking Oil & all Steel/Aluminum Containers.

All dishes are freshly prepared for you when ordered, so we ask you be patient as cooking times do vary.

Prices are inclusive of VAT @ 20%,
Service is not included

Antipasti - Starters

Antipasti

Assorted cured Italian meats, olives & bread £7.50

Antipasti Verdura(V)

Stuffed & marinated vegetables, olives, cheeses, Italian bread, olive oil & balsamic vinegar dip £6.50

Antipasti Misto (serves two people)

Assorted cured Italian meats, stuffed & marinated vegetables, olives, cheeses, Italian bread, olive oil & balsamic vinegar dip £12.95

Bruschetta con Pomodoro (V)

Toasted garlic ciabatta topped with tomatoes marinated in olive oil, oregano, & garlic £5.75

Crevettes Marinato

Crevettes marinated in olive oil, lemon, garlic and dill with a dressed salad & bread £8.95

Gamberoni con Aglio

King prawns sautéed in olive oil, garlic & parsley £6.25

Funghi con Aglio(V)

Mushrooms stuffed with garlic butter & topped with mozzarella £6.25

Funghi e Pancetta

Mushrooms & bacon cooked in creamy garlic sauce £6.25

Risotto e Zucca arrostita

Crumbed risotto balls with roasted butternut squash and mozzarella infused with a lightly spiced tomato & basil sauce £7.95

Insalata Caprese(V)

Tomato, fresh mozzarella & fresh basil leaves with balsamic vinegar dressing £5.75

Insalata di Caesar del Pollo

Marinated chicken slices with crisp lettuce, croutons in a fresh anchovy based caesar dressing and fresh parmesan £5.75

Pizza con Aglio

Pizza topped with garlic butter & mozzarella "great to share" £6.25
extra toppings Parma Ham & Fresh Rocket £1.75 each

Pane con Aglio (V)

Homemade garlic bread £4.15

with mozzarella £4.75

with mozzarella & Parma ham £6.25

Olive Marinate(V)

Olives marinated in herbs, olive oil & spices £3.75

Pane Italiano (V)

Freshly baked bread with balsamic vinegar & extra virgin olive oil for dipping £2.75

**Nut Allergies* traces of nuts may be found in our food, if you have concerns please speak to a member of staff before ordering.*

Pizza 10" Stone-baked

Pizza Margherita (V)

Classic tomato & oregano pizza sauce topped with mozzarella £8.95

Pizza Verdura (V)

Roasted peppers, caramelized red onions, olives, capers, tomatoes, mushrooms & mozzarella £9.95

Pizza Verdura 'Arrosto' (V)

Roasted vegetables, mozzarella & creme fraiche £11.75

Pizza Marinara

Mussels, prawns, clams, squid, scallops, garlic, onion & mozzarella £12.25

Pizza Rucola

Parma ham & mozzarella with fresh rocket £11.25

Pizza L'Ananas

Ham, pineapple & mozzarella £10.75

Pizza Carne

Pepperoni, salami, ham & mozzarella £11.25

Pizza ai Quattro Formaggi (V)

Feta, goats cheese, blue cheese & mozzarella £10.75

Pizza con Funghi (V)

Mushrooms, fresh tomatoes & mozzarella £9.25

Pizza La Luna (V)

Sundried tomato, spinach, pinenuts & mozzarella £11.75

Pizza Bolognese

La Luna's bolognese sauce, fresh chilli's & mozzarella £12.95

Pizza Quattro Stagioni

4 season's pizza, ham, mushrooms, marinated chicken, roasted peppers & mozzarella - each quarter with a different topping £12.95

Pizza di Tandoori

Marinated chicken pieces with peppers, chillies, onions, tomatoes & pineapple £12.95

Calzone

Folded pizza stuffed w. tomato, mozzarella, mushrooms & ham £12.95

Extra Toppings @ £1.75 each

olives, anchovies, mushrooms, rocket, Parma ham, sweetcorn, pepperoni, salami, peppers, spinach, pinenuts, artichokes, pineapple

Homemade Chilli Oil & Garlic Oil available

All dishes are freshly prepared for you when ordered so we ask you be patient as cooking times do vary.

**Nut Allergies* traces of nuts may be found in our food, if you have concerns please speak to a member of staff before ordering.*

Pasta - Wheat-Free pasta available on request

Spaghetti Bolognese

Prime minced beef, cooked in a rich traditional red wine & tomato sauce topped with fresh parmesan £10.25

Spaghetti alla Carbonara

Smoked bacon cooked in a martini, cream & parmesan sauce £11.50

Spaghetti Napoli (V)

Tomato & basil sauce topped with fresh parmesan £9.75

Spaghetti Verdura Arrosto (V)

Roasted vegetables in a tomato & basil sauce, topped with fresh parmesan £11.95

Spaghetti all'Alfredo (V)

Classic Italian creamy, parsley & parmesan sauce £9.75

Capellini ai Frutti di Mare

Angel hair spaghetti with mussels, prawns, clams, squid & scallops cooked in a white wine & cream sauce £13.95

Capellini alla Marinara

Angel hair spaghetti with mussels, prawns, clams, squid & scallops cooked in white wine & tomato sauce £13.95

Penne all'Arrabiata (V) -spicy-

Tomato, garlic & basil sauce with crushed red chilli flakes topped with fresh parmesan £10.75

Penne alla Matriciana -spicy-

Bacon, tomato, garlic & basil sauce with crushed red chilli flakes topped with fresh parmesan £11.95

Linguini Gamberoni Piccante -spicy-

King prawns sautéed in chilli & garlic with cherry tomatoes £12.95

Linguine ai Funghi(V)

Garlic mushrooms & spinach in a blue cheese & cream sauce £11.50

Lasagne al Forno

Lasagne layers with La Luna's traditional bolognese & béchamel sauce served with a side salad £10.25

Rigatoni del Pollo

Marinated chicken pieces with roasted peppers and spinach in a creamed roasted pepper sauce £12.50

-spicy- dishes can be mild if required

All dishes are freshly prepared for you when ordered so we ask you be patient as cooking times do vary.

Nut Allergies traces of nuts may be found in our food, if you have concerns please speak to a member of staff before ordering.

Carne & Pesce Meat & Fish Dishes

Filleteo di Manzo

Chargrilled Fillet of Beef with slow roasted garlic tomatoes, spicy mushroom & onion rings served with chips £18.95

Sauces

Peppercorn sauce £2.75

Mushroom sauce £2.75

Gorgonzola sauce £2.75

Garlic butter £2.00

Surf & Turf £2.95

– creamy lemon, dill and garlic sauce with crevettes

Al pollo speciale del giorno - Chicken Special

See Specials Page for today's Chicken Special

La Presa del Giorno - Catch of the Day

See Specials Page for today's Catch of the Day

Side Dishes

Patate Fritte

Traditional chips £2.95

Patate Novelle

New potatoes with caper butter or plain £2.95

Verdure del Giorno

Seasonal vegetables – please ask for today's selection £2.95

Insalata di Pomodoro & Cipolla

Tomato & red onion salad £2.25

Pane Italiano(V)

Fresh baked bread with balsamic vinegar & extra virgin olive oil
£2.75

Prices are inclusive of VAT @ 20%, Service is not included

All dishes are freshly prepared for you when ordered so we ask you be patient as cooking times do vary.

**Nut Allergies* traces of nuts may be found in our food, if you have concerns please speak to a member of staff before ordering.*

Insalata

Insalata La Luna(V)

Thyme & honey infused goats cheese with roasted almonds, figs, rocket and pomegranate seeds

main £9.95 side order £5.95

Insalata Caesar

Crisp lettuce, croutons in a fresh anchovy based Caesar dressing with fresh parmesan

main £8.95 side order £5.35

Insalata Caesar del Pollo

Marinated chicken slices with crisp lettuce, croutons in a fresh anchovy based Caesar dressing and fresh parmesan

main £10.95 side order £6.50

Insalata Rucola (V)

Rocket & baby spinach salad with fresh parmesan, toasted pine nuts, pears, tossed in olive oil & lemon juice

main £9.95 side order £5.95

Insalata Greca

Greek salad - mixed leaves, cucumber, red onion, olives & feta cheese

main £8.95 side order £5.35

Insalata Mista

Mixed salad - mixed leaves, cucumber, red onion, peppers, olives, tomatoes & croutons

main £9.95 side order £5.95

Insalata di Pasta

Pasta with olives, broad beans, tomatoes, artichokes & cucumbers in a spicy tomato and mayonnaise dressing

main £9.95 side order £5.95

Children's Dishes

All pasta dishes (except lasagna) are available in smaller portions and are priced at 40% reduction from the listed menu prices

If children wish to share a 10" pizza, we can prepare the Pizza with different toppings on each half or 7" pizza of their own

Prices are inclusive of VAT @ 20%, Service is not included

All dishes are freshly prepared for you when ordered so we ask you be patient as cooking times do vary.

***Nut Allergies* traces of nuts may be found in our food, if you have concerns please speak to a member of staff before ordering.**

Today's Specials

Antipasta

Homemade Butternut Squash Soup

Served with Italian bread £4.50

La Presa del Giorno - Catch of the Day

Walnut coated hake

Served with Vegetables of the Day £12.95

Il pollo speciale del Giorno - Chicken Special

Parmesan coated Chicken

Served with Vegetables of the Day £12.95

Dolci Speciali - Desserts

Please ask your waitress/waiter for today's selection or see the dessert board at the back of the restaurant £4.95

Tiramisu * coffee soaked finger biscuits layered with mascarpone cream, decorated with a dusting of cocoa powder £4.95

Affogato a scoop of ice cream, topped with espresso coffee & served with a biscotti* £3.50

Poached Pear with Cornish blue cheese & biscuits* £4.95

Cornish ice creams Vanilla, Strawberry, Chocolate £3.25

Sorbets Lemon, Orange £3.25

Prices are inclusive of VAT @ 20%, Service is not included

All dishes are freshly prepared for you when ordered so we ask you be patient as cooking times do vary.

Nut Allergies traces of nuts may be found in our food, if you have concerns please speak to a member of staff before ordering.